

## CHICKEN RAMEN GF, DF

INGREDIENTS: CHICKEN BROTH, CHICKEN (CHICKEN, WATER, RICE STARCH, SALT), SHIITAKE MUSHROOMS, ONIONS, CELERY, SCALLIONS, CONTAINS 2% OR LESS OF: BOK CHOY, GARLIC, CHICKEN FAT, CARROTS, GINGER PUREE, ORGANIC SOY SAUCE (WATER, ORGANIC SOYBEANS, SALT), SESAME OIL, BROWN SUGAR, SEA SALT, ACACIA & XANTHAN GUM, ONION POWDER, GARLIC POWDER, NISIN PREPARATION AND SPICES. Allergens: SOY.

<b>Serving Size</b>	<b>8oz (227g)</b>	
<b>Calories</b>	<b>120</b>	
<b>Total Fat</b>	<b>5g</b>	<b>6%</b>
<b>Saturated Fat</b>	<b>1g</b>	<b>5%</b>
<b>Trans Fat</b>	<b>0g</b>	
<b>Cholesterol</b>	<b>30mg</b>	<b>10%</b>
<b>Sodium</b>	<b>510mg</b>	<b>22%</b>

<b>Total Carb</b>	<b>7g</b>	<b>3%</b>
<b>Fiber Carb</b>	<b>1g</b>	<b>4%</b>
<b>Sugar Carb</b>	<b>3g</b>	
<b>Protein</b>	<b>10g</b>	
<b>Vitamin D</b>		<b>0%</b>
<b>Calcium</b>		<b>2%</b>
<b>Iron</b>		<b>4%</b>
<b>Potassium</b>		<b>8%</b>

**S** – Spicy  
**V** – Vegetarian

**LF** – Low Fat  
**DF** – Dairy Free

**GF** – Gluten Free  
**VEG** – Vegan