

**Breakfast Nutritional Information**

Item	Attached item #	Unit	Calories	Fat Calories	Total Fat Grams	Sat Fat Grams	Trans Fat Grams	Chol mg	Sodium mg	Total Carbs grams	Fiber grams	Sugars grams	Protein grams	Vit A %	Vit C %	Calcium %	Iron %
Yellow American Cheese		1oz	110	80	9	5	0	20	360	1	0	0	6	6	0	20	0
Bacon		1 round	45	30	3.5	1.5	0	15	160	0	0	0	3	0	0	0	0
Sausage		1 patty	150	130	14	5	0	30	250	0	0	0	5	0	0	0	2
Pork Roll		1 riybd	70	45	5	1.5	0	20	300	0	0	0	5	0	0	0	2
Egg		1 round	90	70	7	1.5	0	115	105	1	0	0	5	4	0	2	2
English Muffin		1	120	10	1	0	0	0	200	25	1	1	4	0	0	8	8
Boss Breakfast Sandwich			585	365	39.5	14.5	0	200	1375	27	1	1	28	10	0	30	14
Sausage, Egg & Cheese on English Muffin			470	290	31	11.5	0	165	915	27	1	1	20	10	0	30	12
Bacon, Egg & Cheese on English Muffin			365	190	20.5	8	0	150	825	27	1	1	18	10	0	30	10
Pork Roll, Egg & Cheese on English Muffin			390	205	22	8	0	155	965	27	1	1	20	10	0	30	12
Egg & Cheese on English Muffin			320	160	17	6.5	0	135	665	27	1	1	15	10	0	30	10
10" White Wrap		1 wrap	160	45	5	0	0	0	320	30	1	1	5	0	0	10	10
Port Roll		1	220	25	3	0	0	0	430	40	1	1	7	0	0	2	15
Anytime Spuds		4 spuds	160	90	10	1.5	0	0	450	18	2	0	2	0	10	0	4
Scrambled Egg		2oz	80	50	6	1.5	128	185	75	1	0	1	4.5	0	0	2	2
Jersey - Style Breakfast			650	335	36	11	0	290	1600	43	1	1	33	14	0	26	23
Homestyle Breakfast Burrito			625	380	42.5	13.75	128	250	1390	41	2	2	24.5	6	5	32	16
White Cheddar Mac & Cheese		8oz	320	150	16	9	0.5	50	790	30	1	5	13	10	0	25	6
Sausage, Egg & Cheese Mac & Cheese			550	330	36	15.5	128.5	265	1115	31	1	6	22.5	10	0	27	10