

<b>Q Café – Iced Latte</b>												
Nutrition Facts	Serving Size	Calories	Calories from fat	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Iced Caramel Latte - whole milk	16 oz	141	44	5.0	2.9	0.0	15	61	20	0	20	5
Iced Caramel Latte - 2% milk	16 oz	126	28	3.1	1.9	0.0	13	72	20	0	19	5
Iced Caramel Latte - fat free milk	16 oz	104	3	0.3	0.0	0.0	3	79	20	0	20	5
Iced Caramel Latte - soy milk	16 oz	118	25	2.0	0.3	0.0	0	65	17	1	15	5
Iced Caramel Latte - whole milk	24 oz	221	71	8.0	4.6	0.0	24	98	31	0	31	8
Iced Caramel Latte - 2% milk	24 oz	197	45	5.0	3.0	0.0	20	115	30	0	29	8
Iced Caramel Latte - fat free milk	24 oz	161	4	0.4	0.0	0.0	5	127	30	0	31	8
Iced Caramel Latte - soy milk	24 oz	185	40	4.5	0.5	0.0	0	105	27	2	24	8
Iced Caramel Mocha Latte - whole milk	16 oz	141	44	5.0	2.9	0.0	15	61	20	0	20	5
Iced Caramel Mocha Latte - 2% milk	16 oz	126	28	3.1	1.9	0.0	13	72	20	0	19	5
Iced Caramel Mocha Latte - fat free milk	16 oz	104	3	0.3	0.0	0.0	3	79	20	0	20	5
Iced Caramel Mocha Latte - soy milk	16 oz	118	25	2.0	0.3	0.0	0	65	17	1	15	5
Iced Caramel Mocha Latte - whole milk	24 oz	221	71	8.0	4.6	0.0	24	98	31	0	31	8
Iced Caramel Mocha Latte - 2% milk	24 oz	197	45	5.0	3.0	0.0	20	115	30	0	29	8
Iced Caramel Mocha Latte - fat free milk	24 oz	161	4	0.4	0.0	0.0	5	127	30	0	31	8
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Iced Mocha Latte - soy milk	16 oz	118	25	2.0	0.3	0.0	0	65	17	1	15	5
Iced Mocha Latte - whole milk	24 oz	221	71	8.0	4.6	0.0	24	98	31	0	31	8
Iced Mocha Latte - 2% milk	24 oz	197	45	5.0	3.0	0.0	20	115	30	0	29	8
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Iced Eggnog Latte - whole milk	16 oz	288	62	7.0	4.0	0.0	21	86	40	0	40	7
Iced Eggnog Latte - 2% milk	16 oz	167	39	4.4	2.6	0.0	18	101	39	0	38	7
Iced Eggnog Latte - fat free milk	16 oz	135	4	0.4	0.0	0.0	4	111	39	0	39	7
Iced Eggnog Latte - soy milk	16 oz	156	35	4.0	0.4	0.0	0	91	36	2	34	7
Iced Eggnog Latte - whole milk	24 oz	301	98	11.0	6.3	0.0	33	135	65	0	65	11
Iced Eggnog Latte - 2% milk	24 oz	268	62	6.9	4.1	0.0	28	158	64	0	63	11
Iced Eggnog Latte - fat free milk	24 oz	218	6	0.6	0.0	0.0	7	175	64	0	65	11
Iced Eggnog Latte - soy milk	24 oz	210	40	4.5	0.5	0.0	0	105	57	2	54	8
Iced Vanilla Latte - whole milk	16 oz	141	44	5.0	2.9	0.0	15	61	20	0	20	5
Iced Vanilla Latte - 2% milk	16 oz	126	28	3.1	1.9	0.0	13	72	20	0	19	5
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