

92001 - SHAKE BANANA BERRY FREEZE 16OZ

Servings:		1	
Calories:		508	
Cal From Fat:		0	
Total Fat:	0.0 Grams		0.00%
Saturated Fat:	0.0 Grams		0.00%
Trans Fat:	0.0 Grams		
Cholesterol:	0 MG		0.00%
Sodium:	183 MG		7.60%
Total Carb:	118 Grams		39.30%
Fiber Carb:	0 Grams		0.00%
Sugar Carb:	111 Grams		
Protein:	6 Grams		11.80%
Potassium:	0 Grams		
Vitamin A:			0%
Vitamin C:			0%
Calcium:			22%
Iron:			0%

92002 - SHAKE BANANA BERRY FREEZE 24OZ

Servings:		1	
Calories:		761	
Cal From Fat:		0	
Total Fat:	0.0 Grams		0.00%
Saturated Fat:	0.0 Grams		0.00%
Trans Fat:	0.0 Grams		
Cholesterol:	0 MG		0.00%
Sodium:	275 MG		11.40%
Total Carb:	177 Grams		59.00%
Fiber Carb:	0 Grams		0.00%
Sugar Carb:	166 Grams		
Protein:	9 Grams		17.80%
Potassium:	0 Grams		
Vitamin A:			0%
Vitamin C:			0%
Calcium:			32%
Iron:			0%

92003 - SHAKE BANANA CREAM PIE SMOOTHIE 16OZ

Servings:		1	
Calories:		804	
Cal From Fat:		39	
Total Fat:	4.3 Grams		6.50%

Saturated Fat:	1.2 Grams	6.10%
Trans Fat:	0.0 Grams	
Cholesterol:	12 MG	3.90%
Sodium:	240 MG	10.00%
Total Carb:	183 Grams	60.90%
Fiber Carb:	1 Grams	4.00%
Sugar Carb:	174 Grams	
Protein:	5 Grams	10.00%
Potassium:	1 Grams	
Vitamin A:		8%
Vitamin C:		23%
Calcium:		19%
Iron:		8%

92004 - SHAKE BANANA CREAM PIE 24OZ

Servings:		1
Calories:		1058
Cal From Fat:		39
Total Fat:	4.3 Grams	6.50%
Saturated Fat:	1.2 Grams	6.10%
Trans Fat:	0.0 Grams	
Cholesterol:	12 MG	3.90%
Sodium:	331 MG	13.80%
Total Carb:	242 Grams	80.60%
Fiber Carb:	1 Grams	4.00%
Sugar Carb:	229 Grams	
Protein:	8 Grams	15.90%
Potassium:	1 Grams	
Vitamin A:		8%
Vitamin C:		23%
Calcium:		30%
Iron:		8%

92005 - SHAKE BREAKFAST COFFEE SMOOTHIE 16OZ

Servings:		1
Calories:		353
Cal From Fat:		0
Total Fat:	0.0 Grams	0.00%
Saturated Fat:	0.0 Grams	0.00%
Trans Fat:	0.0 Grams	
Cholesterol:	0 MG	0.00%
Sodium:	136 MG	5.70%
Total Carb:	82 Grams	27.30%

Fiber Carb:	0 Grams	0.00%
Sugar Carb:	76 Grams	
Protein:	4 Grams	8.90%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		16%
Iron:		0%

92006 - SHAKE BREAKFAST COFFEE SMOOTHIE 24OZ

Servings:		1
Calories:		552
Cal From Fat:		0
Total Fat:	0.0 Grams	0.00%
Saturated Fat:	0.0 Grams	0.00%
Trans Fat:	0.0 Grams	
Cholesterol:	0 MG	0.00%
Sodium:	225 MG	9.40%
Total Carb:	127 Grams	42.40%
Fiber Carb:	0 Grams	0.00%
Sugar Carb:	118 Grams	
Protein:	7 Grams	14.80%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		27%
Iron:		0%

92007 - SHAKE CHAI TEA 16OZ

Servings:		1
Calories:		402
Cal From Fat:		10
Total Fat:	1.0 Grams	1.50%
Saturated Fat:	0.1 Grams	0.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	168 MG	7.00%
Total Carb:	92 Grams	30.60%
Fiber Carb:	0 Grams	0.00%
Sugar Carb:	84 Grams	
Protein:	6 Grams	11.80%
Potassium:	0 Grams	
Vitamin A:		0%

Vitamin C:	0%
Calcium:	22%
Iron:	0%

92008 - SHAKE CHAI TEA 24OZ

Servings:	1	
Calories:	595	
Cal From Fat:	10	
Total Fat:	1.0 Grams	1.50%
Saturated Fat:	0.1 Grams	0.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	252 MG	10.50%
Total Carb:	137 Grams	45.70%
Fiber Carb:	0 Grams	0.00%
Sugar Carb:	126 Grams	
Protein:	9 Grams	17.80%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		32%
Iron:		0%

92009 - SHAKE CHOCOLATE MONKEY 16OZ

Servings:	1	
Calories:	553	
Cal From Fat:	90	
Total Fat:	10.0 Grams	15.40%
Saturated Fat:	5.1 Grams	25.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	178 MG	7.40%
Total Carb:	108 Grams	36.00%
Fiber Carb:	2 Grams	8.00%
Sugar Carb:	97 Grams	
Protein:	8 Grams	15.80%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		22%
Iron:		8%

92010 - SHAKE CHOCOLATE MONKEY 24OZ

Servings:		1	
Calories:		751	
Cal From Fat:		90	
Total Fat:	10.0 Grams		15.40%
Saturated Fat:	5.1 Grams		25.30%
Trans Fat:	0.0 Grams		
Cholesterol:	5 MG		1.70%
Sodium:	267 MG		11.10%
Total Carb:	154 Grams		51.20%
Fiber Carb:	2 Grams		8.00%
Sugar Carb:	138 Grams		
Protein:	11 Grams		21.80%
Potassium:	0 Grams		
Vitamin A:			0%
Vitamin C:			0%
Calcium:			32%
Iron:			8%

92011 - SHAKE FROZEN MOCHA SMOOTHIE 16OZ

Servings:		1	
Calories:		292	
Cal From Fat:		6	
Total Fat:	0.6 Grams		1.00%
Saturated Fat:	3.0 Grams		15.00%
Trans Fat:	0.0 Grams		
Cholesterol:	0 MG		0.00%
Sodium:	192 MG		8.00%
Total Carb:	64 Grams		21.30%
Fiber Carb:	2 Grams		7.20%
Sugar Carb:	57 Grams		
Protein:	7 Grams		14.20%
Potassium:	0 Grams		
Vitamin A:			0%
Vitamin C:			0%
Calcium:			22%
Iron:			0%

92012 - SHAKE FROZEN MOCHA SMOOTHIE 24OZ

Servings:		1	
Calories:		418	
Cal From Fat:		8	

Total Fat:	0.8 Grams	1.30%
Saturated Fat:	4.0 Grams	20.00%
Trans Fat:	0.0 Grams	
Cholesterol:	0 MG	0.00%
Sodium:	284 MG	11.80%
Total Carb:	92 Grams	30.50%
Fiber Carb:	2 Grams	9.60%
Sugar Carb:	80 Grams	
Protein:	10 Grams	21.00%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		32%
Iron:		0%

92013 - SHAKE FROZEN MOCHACCINO 16OZ

Servings:		1
Calories:		388
Cal From Fat:		93
Total Fat:	10.3 Grams	15.80%
Saturated Fat:	5.1 Grams	25.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	178 MG	7.40%
Total Carb:	66 Grams	22.00%
Fiber Carb:	3 Grams	12.00%
Sugar Carb:	55 Grams	
Protein:	8 Grams	16.80%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		22%
Iron:		12%

92014 - SHAKE FROZEN MOCHACCINO 24OZ

Servings:		1
Calories:		476
Cal From Fat:		93
Total Fat:	10.3 Grams	15.80%
Saturated Fat:	5.1 Grams	25.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	262 MG	10.90%

Total Carb:	85 Grams	28.20%
Fiber Carb:	3 Grams	12.00%
Sugar Carb:	69 Grams	
Protein:	11 Grams	22.80%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		32%
Iron:		12%

92015 - SHAKE MANGO DREAM 16OZ

Servings:		1
Calories:		478
Cal From Fat:		10
Total Fat:	1.0 Grams	1.50%
Saturated Fat:	0.1 Grams	0.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	126 MG	5.30%
Total Carb:	108 Grams	35.90%
Fiber Carb:	0 Grams	0.00%
Sugar Carb:	102 Grams	
Protein:	4 Grams	8.90%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		16%
Iron:		0%

92016 - SHAKE MANGO DREAM 24OZ

Servings:		1
Calories:		732
Cal From Fat:		10
Total Fat:	1.0 Grams	1.50%
Saturated Fat:	0.1 Grams	0.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	210 MG	8.80%
Total Carb:	166 Grams	55.30%
Fiber Carb:	0 Grams	0.00%
Sugar Carb:	157 Grams	
Protein:	7 Grams	14.80%
Potassium:	0 Grams	

Vitamin A:	0%
Vitamin C:	0%
Calcium:	27%
Iron:	0%

92017 - SHAKE MAYAN MOCHA FREEZE 16OZ

Servings:	1	
Calories:	269	
Cal From Fat:	14	
Total Fat:	1.4 Grams	2.20%
Saturated Fat:	2.1 Grams	10.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	184 MG	7.70%
Total Carb:	56 Grams	18.70%
Fiber Carb:	1 Grams	4.80%
Sugar Carb:	49 Grams	
Protein:	7 Grams	13.40%
Potassium:	0 Grams	
Vitamin A:	0%	
Vitamin C:	0%	
Calcium:	22%	
Iron:	0%	

92018 - SHAKE MAYAN MOCHA FREEZE 24OZ

Servings:	1	
Calories:	395	
Cal From Fat:	16	
Total Fat:	1.6 Grams	2.50%
Saturated Fat:	3.1 Grams	15.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	276 MG	11.50%
Total Carb:	84 Grams	27.90%
Fiber Carb:	2 Grams	7.20%
Sugar Carb:	72 Grams	
Protein:	10 Grams	20.20%
Potassium:	0 Grams	
Vitamin A:	0%	
Vitamin C:	0%	
Calcium:	32%	
Iron:	0%	

92019 - SHAKE NEAPOLITAN FREEZE 16OZ

Servings:		1	
Calories:		496	
Cal From Fat:		15	
Total Fat:	1.5 Grams		2.20%
Saturated Fat:	1.1 Grams		5.30%
Trans Fat:	0.0 Grams		
Cholesterol:	5 MG		1.70%
Sodium:	194 MG		8.10%
Total Carb:	111 Grams		37.00%
Fiber Carb:	2 Grams		6.40%
Sugar Carb:	104 Grams		
Protein:	7 Grams		13.60%
Potassium:	0 Grams		
Vitamin A:			0%
Vitamin C:			0%
Calcium:			22%
Iron:			4%

92020 - SHAKE NEAPOLITAN FREEZE 24OZ

Servings:		1	
Calories:		700	
Cal From Fat:		17	
Total Fat:	1.7 Grams		2.60%
Saturated Fat:	2.1 Grams		10.30%
Trans Fat:	0.0 Grams		
Cholesterol:	5 MG		1.70%
Sodium:	288 MG		12.00%
Total Carb:	158 Grams		52.60%
Fiber Carb:	2 Grams		8.80%
Sugar Carb:	147 Grams		
Protein:	10 Grams		20.40%
Potassium:	0 Grams		
Vitamin A:			0%
Vitamin C:			0%
Calcium:			32%
Iron:			4%

92021 - SHAKE SPICED CHOCOLATE BANANA 16OZ

Servings:		1
Calories:		469
Cal From Fat:		16
Total Fat:	1.6 Grams	2.50%
Saturated Fat:	3.1 Grams	15.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	197 MG	8.20%
Total Carb:	105 Grams	35.20%
Fiber Carb:	2 Grams	7.20%
Sugar Carb:	98 Grams	
Protein:	7 Grams	14.20%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		22%
Iron:		0%

92022 - SHAKE SPICED CHOCOLATE BANANA 24OZ

Servings:		1
Calories:		703
Cal From Fat:		18
Total Fat:	1.8 Grams	2.80%
Saturated Fat:	4.1 Grams	20.30%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	292 MG	12.10%
Total Carb:	160 Grams	53.30%
Fiber Carb:	2 Grams	9.60%
Sugar Carb:	149 Grams	
Protein:	10 Grams	21.00%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		32%
Iron:		0%

92023 - SHAKE STRAWBERRY DREAM 16OZ

Servings:		1
Calories:		528
Cal From Fat:		50
Total Fat:	5.5 Grams	8.50%
Saturated Fat:	2.6 Grams	12.80%

Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	136 MG	5.70%
Total Carb:	114 Grams	37.90%
Fiber Carb:	1 Grams	2.00%
Sugar Carb:	106 Grams	
Protein:	5 Grams	10.90%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		16%
Iron:		4%

92024 - SHAKE STRAWBERRY DREAM 24OZ

Servings:		1
Calories:		772
Cal From Fat:		50
Total Fat:	5.5 Grams	8.50%
Saturated Fat:	2.6 Grams	12.80%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	225 MG	9.40%
Total Carb:	171 Grams	56.90%
Fiber Carb:	1 Grams	2.00%
Sugar Carb:	160 Grams	
Protein:	8 Grams	16.80%
Potassium:	0 Grams	
Vitamin A:		0%
Vitamin C:		0%
Calcium:		27%
Iron:		4%

92025 - SHAKE STRAWBERRY CREAM PIE 16OZ

Servings:		1
Calories:		793
Cal From Fat:		37
Total Fat:	4.0 Grams	6.20%
Saturated Fat:	1.2 Grams	6.10%
Trans Fat:	0.0 Grams	
Cholesterol:	12 MG	3.90%
Sodium:	272 MG	11.30%
Total Carb:	180 Grams	60.00%
Fiber Carb:	0 Grams	0.00%

Sugar Carb:	169 Grams	
Protein:	6 Grams	12.00%
Potassium:	1 Grams	
Vitamin A:		8%
Vitamin C:		23%
Calcium:		24%
Iron:		4%

92026 - SHAKE STRAWBERRY CREAM PIE 24OZ

Servings:		1
Calories:		1047
Cal From Fat:		37
Total Fat:	4.0 Grams	6.20%
Saturated Fat:	1.2 Grams	6.10%
Trans Fat:	0.0 Grams	
Cholesterol:	12 MG	3.90%
Sodium:	363 MG	15.10%
Total Carb:	239 Grams	79.70%
Fiber Carb:	0 Grams	0.00%
Sugar Carb:	224 Grams	
Protein:	9 Grams	17.90%
Potassium:	1 Grams	
Vitamin A:		8%
Vitamin C:		23%
Calcium:		35%
Iron:		4%

92027 - SHAKE CHOCOLATE CHIP FROZEN 16OZ

Servings:		1
Calories:		672
Cal From Fat:		133
Total Fat:	14.8 Grams	22.70%
Saturated Fat:	7.6 Grams	37.80%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	200 MG	8.30%
Total Carb:	128 Grams	42.70%
Fiber Carb:	4 Grams	14.00%
Sugar Carb:	115 Grams	
Protein:	9 Grams	18.80%
Potassium:	1 Grams	
Vitamin A:		0%
Vitamin C:		23%

Calcium:	22%
Iron:	16%

92028 - SHAKE CHOCOLATE CHIP FROZEN 24OZ

Servings:	1	
Calories:	760	
Cal From Fat:	133	
Total Fat:	14.8 Grams	22.70%
Saturated Fat:	7.6 Grams	37.80%
Trans Fat:	0.0 Grams	
Cholesterol:	5 MG	1.70%
Sodium:	284 MG	11.80%
Total Carb:	147 Grams	48.90%
Fiber Carb:	4 Grams	14.00%
Sugar Carb:	129 Grams	
Protein:	12 Grams	24.80%
Potassium:	1 Grams	
Vitamin A:		0%
Vitamin C:		23%
Calcium:		33%
Iron:		16%