

| Q Café – Chai Tea Latte                    |              |          |                   |               |                   |               |                  |             |                   |                   |            |             |
|--|--------------|----------|-------------------|---------------|-------------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|
| Nutrition Facts                            | Serving Size | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Hot Chai Tea Latte - whole milk            | 12 oz        | 198      | 62                | 7.0           | 4.0               | 0.0           | 21               | 86          | 25                | 0                 | 25         | 7           |
| Hot Chai Tea Latte - 2% milk               | 12 oz        | 162      | 34                | 3.8           | 2.3               | 0.0           | 15               | 86          | 23                | 0                 | 22         | 6           |
| Hot Chai Tea Latte - fat free milk         | 12 oz        | 124      | 3                 | 0.3           | 0.0               | 0.0           | 3                | 79          | 21                | 0                 | 21         | 5           |
| Hot Chai Tea Latte - soy milk              | 12 oz        | 138      | 25                | 2.0           | 0.3               | 0.0           | 0                | 65          | 19                | 1                 | 17         | 5           |
| Hot Chai Tea Latte - whole milk            | 16 oz        | 304      | 80                | 9.0           | 5.2               | 0.0           | 27               | 110         | 41                | 0                 | 41         | 9           |
| Hot Chai Tea Latte - 2% milk               | 16 oz        | 262      | 45                | 5.0           | 3.0               | 0.0           | 20               | 115         | 39                | 0                 | 38         | 8           |
| Hot Chai Tea Latte - fat free milk         | 16 oz        | 215      | 4                 | 0.4           | 0.0               | 0.0           | 4                | 111         | 38                | 0                 | 38         | 7           |
| Hot Chai Tea Latte - soy milk              | 16 oz        | 236      | 35                | 4.0           | 0.4               | 0.0           | 0                | 91          | 34                | 2                 | 32         | 7           |
| Hot Chai Tea Latte - whole milk            | 20 oz        | 411      | 98                | 11.0          | 6.3               | 0.0           | 33               | 135         | 58                | 0                 | 58         | 11          |
| Hot Chai Tea Latte - 2% milk               | 20 oz        | 363      | 56                | 6.3           | 3.8               | 0.0           | 25               | 144         | 56                | 0                 | 54         | 10          |
| Hot Chai Tea Latte - fat free milk         | 20 oz        | 307      | 5                 | 0.5           | 0.0               | 0.0           | 6                | 143         | 54                | 0                 | 55         | 9           |
| Hot Chai Tea Latte - soy milk              | 20 oz        | 333      | 45                | 5.0           | 0.6               | 0.0           | 0                | 118         | 51                | 2                 | 47         | 9           |
| Hot Vanilla Chai Tea Latte - whole milk    | 12 oz        | 223      | 62                | 7.0           | 4.0               | 0.0           | 21               | 86          | 31                | 0                 | 31         | 7           |
| Hot Vanilla Chai Tea Latte - 2% milk       | 12 oz        | 187      | 34                | 3.8           | 2.3               | 0.0           | 15               | 86          | 29                | 0                 | 28         | 6           |
| Hot Vanilla Chai Tea Latte - fat free milk | 12 oz        | 149      | 3                 | 0.3           | 0.0               | 0.0           | 3                | 79          | 27                | 0                 | 28         | 5           |
| Hot Vanilla Chai Tea Latte - soy milk      | 12 oz        | 163      | 25                | 2.0           | 0.3               | 0.0           | 0                | 65          | 25                | 1                 | 23         | 5           |
| Hot Vanilla Chai Tea Latte - whole milk    | 16 oz        | 354      | 80                | 9.0           | 5.2               | 0.0           | 27               | 110         | 54                | 0                 | 54         | 9           |
| Hot Vanilla Chai Tea Latte - 2% milk       | 16 oz        | 312      | 45                | 5.0           | 3.0               | 0.0           | 20               | 115         | 52                | 0                 | 51         | 8           |
| Hot Vanilla Chai Tea Latte - fat free milk | 16 oz        | 265      | 4                 | 0.4           | 0.0               | 0.0           | 4                | 111         | 50                | 0                 | 50         | 7           |
| Hot Vanilla Chai Tea Latte - soy milk      | 16 oz        | 286      | 35                | 4.0           | 0.4               | 0.0           | 0                | 91          | 47                | 2                 | 45         | 7           |
| Hot Vanilla Chai Tea Latte - whole milk    | 20 oz        | 486      | 98                | 11.0          | 6.3               | 0.0           | 33               | 135         | 77                | 0                 | 77         | 11          |
| Hot Vanilla Chai Tea Latte - 2% milk       | 20 oz        | 438      | 56                | 6.3           | 3.8               | 0.0           | 25               | 144         | 74                | 0                 | 73         | 10          |
| Hot Vanilla Chai Tea Latte - fat free milk | 20 oz        | 382      | 5                 | 0.5           | 0.0               | 0.0           | 6                | 143         | 73                | 0                 | 73         | 9           |
| Hot Vanilla Chai Tea Latte - soy milk      | 20 oz        | 408      | 45                | 5.0           | 0.6               | 0.0           | 0                | 118         | 69                | 2                 | 66         | 9           |

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| Nutrition Facts                             | Serving Size | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Iced Chai Tea Latte - whole milk            | 16 oz        | 231      | 44                | 5.0           | 2.9               | 0.0           | 15               | 61          | 35                | 0                 | 35         | 5           |
| Iced Chai Tea Latte - 2% milk               | 16 oz        | 216      | 28                | 3.1           | 1.9               | 0.0           | 13               | 72          | 35                | 0                 | 34         | 5           |
| Iced Chai Tea Latte - fat free milk         | 16 oz        | 194      | 3                 | 0.3           | 0.0               | 0.0           | 3                | 79          | 35                | 0                 | 35         | 5           |
| Iced Chai Tea Latte - soy milk              | 16 oz        | 208      | 25                | 2.0           | 0.3               | 0.0           | 0                | 65          | 32                | 1                 | 30         | 5           |
| Iced Chai Tea Latte - whole milk            | 24 oz        | 356      | 71                | 8.0           | 4.6               | 0.0           | 24               | 98          | 53                | 0                 | 53         | 8           |
| Iced Chai Tea Latte - 2% milk               | 24 oz        | 332      | 45                | 5.0           | 3.0               | 0.0           | 20               | 115         | 53                | 0                 | 52         | 8           |
| Iced Chai Tea Latte - fat free milk         | 24 oz        | 296      | 4                 | 0.4           | 0.0               | 0.0           | 5                | 127         | 53                | 0                 | 53         | 8           |
| Iced Chai Tea Latte - soy milk              | 24 oz        | 320      | 40                | 4.5           | 0.5               | 0.0           | 0                | 105         | 50                | 2                 | 47         | 8           |
| Iced Vanilla Chai Tea Latte - whole milk    | 16 oz        | 281      | 44                | 5.0           | 2.9               | 0.0           | 15               | 61          | 48                | 0                 | 48         | 5           |
| Iced Vanilla Chai Tea Latte - 2% milk       | 16 oz        | 266      | 28                | 3.1           | 1.9               | 0.0           | 13               | 72          | 47                | 0                 | 46         | 5           |
| Iced Vanilla Chai Tea Latte - fat free milk | 16 oz        | 244      | 3                 | 0.3           | 0.0               | 0.0           | 3                | 79          | 47                | 0                 | 47         | 5           |
| Iced Vanilla Chai Tea Latte - soy milk      | 16 oz        | 258      | 25                | 2.0           | 0.3               | 0.0           | 0                | 65          | 45                | 1                 | 43         | 5           |
| Iced Vanilla Chai Tea Latte - whole milk    | 24 oz        | 431      | 71                | 8.0           | 4.6               | 0.0           | 24               | 98          | 72                | 0                 | 72         | 8           |
| Iced Vanilla Chai Tea Latte - 2% milk       | 24 oz        | 407      | 45                | 5.0           | 3.0               | 0.0           | 20               | 115         | 71                | 0                 | 70         | 8           |
| Iced Vanilla Chai Tea Latte - fat free milk | 24 oz        | 371      | 4                 | 0.4           | 0.0               | 0.0           | 5                | 127         | 71                | 0                 | 72         | 8           |
| Iced Vanilla Chai Tea Latte - soy milk      | 24 oz        | 395      | 40                | 4.5           | 0.5               | 0.0           | 0                | 105         | 68                | 2                 | 65         | 8           |
| Frozen Chai Tea Latte - whole milk          | 16 oz        | 431      | 89                | 10.0          | 7.9               | 0.0           | 15               | 141         | 72                | 0                 | 68         | 7           |
| Frozen Chai Tea Latte - 2% milk             | 16 oz        | 416      | 73                | 8.1           | 6.9               | 0.0           | 13               | 152         | 72                | 0                 | 67         | 7           |
| Frozen Chai Tea Latte - fat free milk       | 16 oz        | 394      | 48                | 5.3           | 5.0               | 0.0           | 3                | 159         | 72                | 0                 | 68         | 7           |
| Frozen Chai Tea Latte - soy milk            | 16 oz        | 408      | 70                | 7.0           | 5.3               | 0.0           | 0                | 145         | 69                | 1                 | 63         | 7           |
| Frozen Chai Tea Latte - whole milk          | 24 oz        | 556      | 116               | 13.0          | 9.6               | 0.0           | 24               | 178         | 90                | 0                 | 86         | 10          |
| Frozen Chai Tea Latte - 2% milk             | 24 oz        | 532      | 90                | 10.0          | 8.0               | 0.0           | 20               | 195         | 90                | 0                 | 85         | 10          |
| Frozen Chai Tea Latte - fat free milk       | 24 oz        | 496      | 49                | 5.4           | 5.0               | 0.0           | 5                | 207         | 90                | 0                 | 86         | 10          |
| Frozen Chai Tea Latte - soy milk            | 24 oz        | 520      | 85                | 9.5           | 5.5               | 0.0           | 0                | 185         | 87                | 2                 | 80         | 10          |

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| Nutrition Facts                               | Serving Size | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Cholesterol (mg) | Sodium (mg) | Carbohydrates (g) | Dietary Fiber (g) | Sugars (g) | Protein (g) |
| Frozen Vanilla Chai Tea Latte - whole milk    | 16 oz        | 481      | 89                | 10.0          | 7.9               | 0.0           | 15               | 141         | 85                | 0                 | 81         | 7           |
| Frozen Vanilla Chai Tea Latte - 2% milk       | 16 oz        | 466      | 73                | 8.1           | 6.9               | 0.0           | 13               | 1525        | 84                | 0                 | 79         | 7           |
| Frozen Vanilla Chai Tea Latte - fat free milk | 16 oz        | 444      | 48                | 5.3           | 5.0               | 0.0           | 3                | 159         | 84                | 0                 | 80         | 7           |
| Frozen Vanilla Chai Tea Latte - soy milk      | 16 oz        | 458      | 70                | 7.0           | 5.3               | 0.0           | 0                | 145         | 82                | 1                 | 76         | 7           |
| Frozen Vanilla Chai Tea Latte - whole milk    | 24 oz        | 631      | 116               | 13.0          | 9.6               | 0.0           | 24               | 178         | 109               | 0                 | 105        | 10          |
| Frozen Vanilla Chai Tea Latte - 2% milk       | 24 oz        | 607      | 90                | 10.0          | 8.0               | 0.0           | 20               | 195         | 108               | 0                 | 103        | 10          |
| Frozen Vanilla Chai Tea Latte - fat free milk | 24 oz        | 571      | 49                | 5.4           | 5.0               | 0.0           | 5                | 207         | 108               | 0                 | 105        | 10          |
| Frozen Vanilla Chai Tea Latte - soy milk      | 24 oz        | 595      | 85                | 9.5           | 5.5               | 0.0           | 0                | 185         | 105               | 2                 | 98         | 10          |